

## DAFTAR PUSTAKA

- Abiding, M, Angela C.M. Nusatya, 2002. *“Mengenal, mencegah dan mengatasi asma pada asma anak plus panduan senam asma\_Cetakan 1* (Jakarta : Puspa Swara).
- Anne L, Fuhlbrigge, et, al, 2006. *Forced Expiratory Volume in 1 Second Percentage Improves the Classification of Severity Among Children With Asthma* (USA : *Journal Of the American Academy Of Pediatric* 2006;118;e347; originally published online July 24; DOI: 10.1542/peds.2005-2962).
- Anonim, *“Asma dengan Frekuensi Kekambuhan penyakit Asma”*. available from url, <http://www.skripsistikes.wordpress.com>
- Anonim. 2008 *“Senam Asma Indonesia*, available from url [http : // www.asmaorg.com](http://www.asmaorg.com)
- Thompson, Bernice, NZRP, et, al, *Hand Made History, (New Zealand : Journal Of Physiotherapy)*.
- Brunner & Suddarth, 2001. *“Buku Ajar Keperawatan Medikal Bedah edisi 8*. Jakarta : EGC).
- Darmayasa, I Ketut, *Senam Asma Tiga Kali Seminggu Lebih Meningkatkan Kapasitas Vitas Paksa (KVP) Dan Volume Ekspirasi Paksa Detik 1 (VEP 1) Dari Pada Senam Asma 1 Kali Seminggu Pada Penderita Asma Persisten Sedang, ( Jurnal Skripsi of Unit Rehabilitasi Medik Rumah Sakit Umum Pusat Sanglah Jalan Kesehatan Denpasar)*.
- Denny Agustiniingsih, et, al, 2007. *Latihan Pernafasan dengan Metode Buteyko Meningkatkan Nilai Force Expiratory Volume In 1Second (%FEV1) Penderita Asma Dewasa Derajat Persisten Sedang, (Berita Kedokteran Masyarakat : Vol. 23, No. 2, Juni)*.
- Dr. Ravikiran Kisan MD, et, al, 2012. *Treadmill and Bicycle Ergometer Exercise, Cardiovascular Response comparison, Double Blind Peer Reviewed International Research Journal Publisher, (USA : Global Journals Inc. Volume 12 Issue 5 Version 1.0 June)*.
- Eizadi Mojtaba, et, al, 2011. *The anti-inflammatory effect of acute exercise in asthma patients, (Research Paper : International Journal of Biosciences (IJB) Vol. 1, No. 3, p. 100-106)*.

- Fox SI. *Respiratory Physiology : The Respiratory System. In : Fox SI. Human Physiology, 8th ed.* (Kota : McGraw-Hill; p. 480., 2003).
- Ganderton, G. And McLeod, J., 2000, *Mathematics for Australian School Years 7* (Third Edition), Mavmilland Education Australia Pty. Ltd., Victoria, p. 371.
- Hadiarto Mangunegoro, et,al, 2004. “ASMA”, (Jakarta : FKUI, H.3).
- Handari, Murgi, 2003 . “*Hubungan Antara Sebelum dan Setelah Mengikuti Senam*”.
- Iwan, Hadibroto, 2006. “ASMA”, (Jakarta : PT. Gramedia Pustaka Utama, Hal 35).
- Jon Heck, MS, ATC, and Kaley Abato, BS, “*Exercise-Induced Asthma Recognizing and Managing the Problem*”, Spotsrs Medicine Update.
- Jorge M, et, al, 2011. “*Physiological Responses during Interval Training With Different Intensities and Duration of Exercise Original research*”, (USA : Journal of strength and Conditioning Research – Vol 25, Mei).
- LESLIE S, SIMPSON, 2013. *Effect of Increased Abdominal Muscle Strength on Forced Vital Capacity and Forced Expiratory Volume*, (USA : Journal Of the American Physical Therapy Association).
- Noname, 2011. “*Spirometri dan Peak Flow Meter*”, Oktober available from url <http://ardhy10.wordpress.com/2011/10/05/spirometri-dan-peak-flow-meter/>
- Noname, 2013. “*Peak Flow Meter*”, Maret available from url [http://medicalcenter.osu.edu/patientcare/healthcare\\_services/allergy\\_asthma/about\\_asthma/asthma\\_peak\\_flow\\_meter/Pages/index.aspx](http://medicalcenter.osu.edu/patientcare/healthcare_services/allergy_asthma/about_asthma/asthma_peak_flow_meter/Pages/index.aspx)
- Noname, 2013. “*Manfaat Bersepeda*”, Maret, available from url <http://www.tokolahragaonline.com/menu.php?id=18>
- Noname, 2012. “*Sepeda Statis*”, Januari, available from url <http://afifa-hifzhan-fathur.blogspot.com/2012/01/olah-raga-hm-kalau-bisa-menolak-untuk.html>
- Ringel, Edward, 2009. “*Buku Saku Hitam*”, Kedokteran Paru, (Jakarta : Indeks).

- Sadia Fatima, Syeda, et, al, 2013. *Physical activity and its effect on forced expiratory volume*. (Karachi : Journal Of the Bahria University Medical & Dental College - Vol. 63, No.3, March).
- Satimin Hadiwidjaja, 2002. "*Thoraks Et Situs Viscerum Thoracis*", (Surakarta : Sebelas Maret University Press, Hal. 10).
- Savitri Ramaiah, "*Mengetahui Penyebab, Gejala, dan Cara Penanganannya*", Asma, (Jakarta : Hal. 126).
- Sundaru, H, 2002. "*Asma Bronkial*" (Jakarta : Departemen Ilmu Penyakit Dalam FKUI).
- Sundaru, Heru, 2002. "*Apa yang Perlu Diketahui Tentang Asma*". <http://www.depkes.go.id/index.php?option=articles&task=viewarticle&articleid=204&Itemid=3>[14 Agustus]
- Vitahealth, 2005. "*Informasi lengkap untuk penderita dan keluarganya*", Asma, (Jakarta : PT. Gramedia Pustaka Utama), available at <http://books.google.co.id/books?id=9EUo7vOdddC&printsec=frontcover&hl=id#v=onepage&q&f=false>
- Wilmore, H.J, and Costill, DL, 1994. "*Physiology of Sport And Exercise*", (USA : Human Kinetics, Champaign).
- Yunus, Faisal, 2003. "*Revisi Senam Asma*", Yayasan Senam Indonesia.